

DEAR FAMILY AND FRIENDS OF CAMA WOODLANDS!

This summer has been filled with intemperate weather but we have managed to keep many of our outdoor activities and work around the rain. I want to take this opportunity to thank wholeheartedly all the people who came out for the gardening day. It was a lot of work and the weeds continue to challenge us but so much has been done to make the front entrance beautiful. Many families have wonderful ideas about the landscaping required but I am resisting some of the more permanent changes as there are other plans in the works.

Also to continue with the gardening and the garden areas at the back for the Residents...they have been a huge success. Many thanks again to the families for supplying many of the plants.

UPCOMING CHANGES

We are considered a 'B' facility by the Ministry of Health and we need to upgrade CAMA to make us into an 'A' facility. This will include structural changes and the time for making a presentation is July 31st this year. We are working with The Christian and Missionary Alliance Executive Committee and Architects to put forward a proposal to the Ministry of Health by their July date. We will know an answer by the fall and if all is approved we should begin construction by next spring.

SUMMER TIME

On July 28th there will be a ground breaking ceremony at Waterdown Road to begin the new Waterdown road Interchange. We have met with engineers and our councilor to ensure that any disruption of services will be told to us beforehand so as to minimize the hardship to the Residents. This will include a sewer bypass, temporary water shut-down etc. Some baths may have to be rescheduled to accommodate these shutdowns. Laundry staff may have to change their shifts and sometimes the dietary staff may have to use disposables if the dishwasher is out of commission.

With all these plans underway we continue to make changes to our documentation system as the whole province has a time line to meet the new multi disciplinary system called R.A. I. (Resident Assessment Instrument)

Dear Families:

The stumbling blocks that keep us from volunteering and perhaps making a difference in someone's life are many. We're truly busy. We're not experts. It's not our responsibility. One of the toughest obstacles to volunteering is finding the time, but it may be as easy as turning off the TV. Are you getting ready to retire? Perhaps you're thinking of volunteering for something, but don't know where to start. Volunteering can be more of a hobby in your retirement. I promise the experiences and personal satisfaction knowing you have made a difference in someone's life are rewarding. Lifting someone's spirits at a nursing home takes time. The door to volunteer service at CAMA is always open. This says it all. Our responsibility is clear; get involved! Regards

June Holmes, Coordinator, Volunteer/Resources Department (905) 681-6441 Ext: 224

JUST A REMINDER THAT

Any food brought in for Residents should be in air tight containers

Please do a purge of your Residents room and take away any accumulation of things that are really not needed.

We must try and maintain a safe environment including infection control.

The days seem to get longer and longer during August. Perhaps this is because there are no big holidays for us to devote our time planning and decorating. We try to take advantage of this new found absence of planning and prevent ourselves and our residents from boredom and complacency. During the long hazy days of August our residents enjoy a variety of outdoor activities. On a Saturday afternoon you may find your love one sitting under the shade of the Gazebo enjoying a cup of tea and listening to current events. Or if they enjoy baking, on a Sunday they could be stirring up cup cakes or cookies in the Activity room. For the "get up and go" resident a game of lawn golf or lawn bowling would be under way. From Sunday to Saturday we are busy with picnics, outings, gardening and bridge (just to name a few.)

The staff and residents would like you to join them for the Annual Family B.B.Q. on Saturday August 8th from 12:30 – 2:30pm. Please let us know how many are coming.

This is always a great day of fun and good food. We hope you will join us. See you there!

THE ACTIVITY STAFF

INFECTION CONTROL:

The 'swine' flu is out there, as well as other flu and gastro 'bugs'
Protect yourself and our residents by washing your hands.

Please use the hand sanitizer located at the front entrance upon entering the building and when you are leaving.

Remember: if you are sick, please do not come to visit.



Yours Truly,
ARLENE LAWLOR, ADMINISTRATOR

CAMA WOODLANDS

AS ALWAYS A WARM WELCOME TO
OUR
NEW RESIDENTS & THEIR FAMILIES

**Joseph Locicero
Beatrice Robinson
Gilda Steplock
Jack Stewart
Marion Bowen**

