

## DEAR FAMILY AND FRIENDS OF CAMA WOODLANDS!

We have had another busy year at CAMA. We saw ongoing changes to staff and now feel secure that we have enough registered staff to ensure consistency of care. We had a new Director of Care, Pat Cervoni while Rena Carr became our RAI Coordinator. She just recently moved on and Janice is taking her place.

We practiced our evacuation procedure with very positive results. We worked with the Burlington council regarding the new Waterdown interchange to ensure the least disruption to our city services. Our annual Ministry of Health compliance review also showed the most positive results since 2005. The web site however does not reflect these results so the old findings will remain for now.

FAMILY COUNCIL: Many thanks to our family council for its support and assistance over the years I have been here. They have decided to disband effective December 8 2009. I am hopeful that newer family members will take up the cause again in the new year. ....

Our Christmas Bazar was a success. We raised money for our Residents. Thanks to all who came and joined

We have an opportunity to join in a “**Flower Power Programme**”. Research has shown that “Things that are beautiful to the senses capture our attention and quiet the mind in an effortless way”.

A Floral Designer has contacted CAMA Woodlands offering to DELIVER FREE varied bouquets of flowers to residents either once a month for \$19.99/month or twice a month for \$35.99/month plus tax.

Flowers will vary with each arrangement delivered and will include at least 12-15 stems plus greens from an assortment of fresh cut flowers such as carnations, roses, lilies, mini gerbera, chrysanthemums, alstroemeria, asters, etc.

The flowers will be pre-arranged in a beautiful cut-crystal look vase that is made out of plastic, ensuring safety should it be accidentally knocked over. In order to keep the cost down the florist asked that the empty vase be left for pickup when the next floral arrangement is delivered, otherwise a charge of \$5.00 plus tax will be levied.

Should you wish to participate in the programme, please let me know and I will contact the florist. If you have any questions about the programme, please do not hesitate to contact me.

Thank you, June Holmes, Coordinator Volunteers & Resources

**Housekeeping Reminders!** Now that Christmas is among us, that means presents, and presents mean labeling. Any new articles of clothing that are brought in, we ask that they not be brought down to the laundry room but rather put into the white patient bags located in the residents wardrobes. If by chance there isn't one hanging in their closet, please let laundry know so they can put provide a new one.

**One safety note for all:** If you have brought in a plug adapter that has multi outlets and just plugs into the wall, we ask that these be removed and replaced with a power bar. Maintenance has concerns with the safety of the ones that plug directly into the wall outlet and they may not be CSA approved. Thanks for all your cooperation and have a Happy Holiday Season! Terri Pinder, B.S.S.

### UPCOMING EVENTS

We are celebrating our Christmas *Party* on Saturday December 5, 2009 from 2-4 p.m. Please bring in your gift for your Resident a.s.a.p. Also we are having our first *Annual Christmas Concert*. All are invited to attend on Wednesday December 16<sup>th</sup> at 6:30 p.m. in the large lounge.

**From all of us here at CAMA, we wish you a most blessed Christmas and a very Happy New Year.**

Yours Truly,  
ARLENE LAWLOR, ADMINISTRATOR

CAMA WOODLANDS

AS ALWAYS A WARM WELCOME TO OUR  
NEW RESIDENTS & THEIR FAMILIES

Marian Hill  
Robert Brandow  
Blanche Morris

